

PRESS KIT



CONVERSATIONSWITHKELLY.COM



SPEAKER

THERAPIST

AUTHOR

meet kelly

Kelly's expertise has grown from intimate and profound work during her practice in the clinical setting for over 25 years. She has provided care primarily in hospitals, hospice, funeral homes, schools and private practice. Kelly is a Board-Certified Diplomat in Clinical Social Work, and has obtained fellowship in grief counseling from the American Academy of Health Care Professionals. She is a published podcast host, blogger and author. In 2017, a collection of her observations and experiences were published in "A Comforted Heart: An oncology psychotherapist's perspective on finding meaning and hope during grief and loss."

Kelly created the public healing forum Conversations with Kelly to share her experience and build community among those seeking healing. She hosts signature events to help minimize suffering and honor grief, while also frequently collaborating with hospitals, health organizations, places of faith, funeral homes and medical schools.

With her passionate and caring demeanor Kelly connects with a multitude of audiences, from the patient to the caregiver and health care professionals. She currently travels nationally speaking, facilitating, teaching and consulting.



KELLY GROSKLAGS
LICSW, BCD, FAAGC

national speaker



SIGNATURE SPEAKING TOPICS

live in the now The dying teach us how to live.

honor your grief When we love deeply, we grieve deeply.

healing vs. curing Learning to live with advanced disease.

self awareness Self-care while working in the medical and funeral industry.

compassion until the end Help terminal patients live their best lives.

PAST SPEAKING OPPORTUNITIES

Susan G. Komen, Chicago, Minneapolis, New York

Mayo Clinic, Rochester, MN

Target Corporations, Minneapolis, MN

Living Beyond Breast Cancer, Philadelphia, PA

University of Minnesota Medical School,
Oncology Division, Minneapolis, MN

Abbott Northwestern Hospital, Minneapolis, MN

St. Catherine University, St. Paul, MN

Gilda's Club, St. Paul, MN

Firefly Sisterhood, St. Paul, MN

The Minnesota Hospice Palliative Care Network,
Bloomington, MN

Breath of Hope Lung Foundation, Minneapolis, MN

Minnesota Oncology, St. Paul, MN

O'Connell-Benedict Funeral Home, WI



LIVING BEYOND
BREAST CANCER™



ST. CATHERINE
UNIVERSITY



MINNESOTA ONCOLOGY
Caring. down to a science.™

**WHEN WE
LOVE DEEPLY,
WE GRIEVE
AS DEEPLY.**

therapist

KELLY GROSKLAGS SHARES THE WISDOM OF THE DYING TO BETTER THE LIVES OF THE LIVING.

Having walked the dying journey with thousands of patients, and witnessed the final breath of hundreds, Kelly shares profound end-of-life insights in her characteristically personal and poignant way.

Can I be healed if I can't be cured?

When will my grief go away?

How can I be honest about the future?

Kelly's passionate and supportive demeanor helps patients, caregivers and health professionals live a more meaningful, honest and impactful life.



“

Kelly has a unique gift of teaching us how to invite comfort and consolation to the pain and isolation associated with grief and loss. Her ability to help people expand their personal ideas and boundaries around the feelings of hope and courage open opportunities for growth and deep healing.

- DAVID EGAN, CO-DIRECTOR, SUSAN G KOMEN MN -

Kelly offers great insight and reflection into the many feelings people experience, such as fear, worry, grief, and living with uncertainties. Her sincere and genuine demeanor not only help people feel comfortable but it also creates a therapeutic, safe place for individuals to be vulnerable and share their stories.”

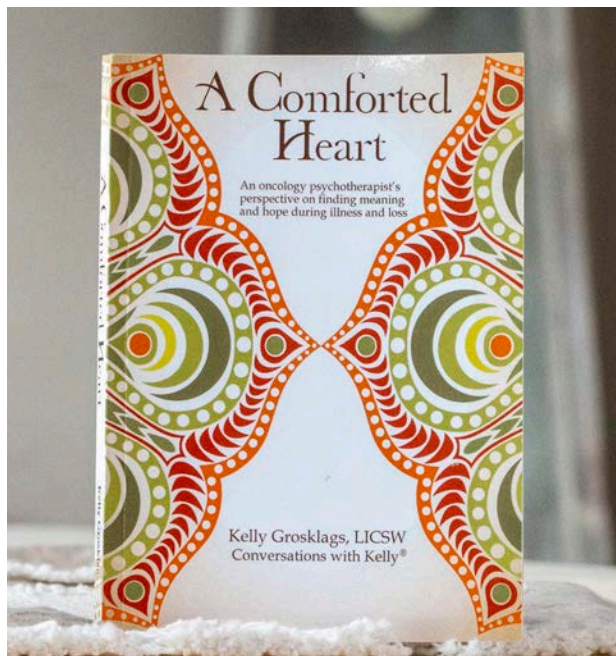
- SARAH JOHNSON, LICSW -

Kelly is so warm, thoughtful and insightful. Patients and caregivers feel comforted by her presence and enriched, enlightened and safe just from listening to her talks. Kelly is a force of nature while radiating goodness.

- LINDA TANTAWI, CEO SUSAN G KOMEN NYC -



author



THE POSSIBILITY OF LIVING A LIFE OF HOPE AND PEACE REGARDLESS OF LIFE'S CIRCUMSTANCES

"A Comforted Heart" was born out of Kelly's strong desire to share the wisdom she has accumulated along the way working with the critically ill and those experiencing loss. Kelly often says that the truest teachers in her life have been her patients. She draws on the lessons imparted to empower others to act with grace and courage as they enter into and move through treacherous and unfamiliar terrain. She has shared her own knowledge and wisdom, as well as that of others, in the beautiful entries within "A Comforted Heart." The blueprint for Kelly's deep belief that healing is always possible in life even if the cure is not is well laid out in this reflective book.

May the light within these pages give you solace and illuminate hope when needed most.

Start a Conversation with Kelly

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CWK Podcast

Uplifting conversations,
helping you transform grief &
loss into channels for greater
insight, healing and peace.